

symmetry



PRODUCTS

# Welcome to Symmetry!



**Rudy Revak**   **Mary Julich Wade**   **Dr. Mark Crăpō**   **Willie Larkin**   **Steven Kole**   **Brandon Langer**   **Brian Niederhaus**

Congratulations on your decision to add Symmetry's outstanding nutritional products to your healthy lifestyle. We commend your commitment to great health and appreciate your choosing Symmetry. We believe that we have developed the highest quality and most effective products on the market. We are confident you will soon feel the benefits of these remarkable, cutting-edge products in your overall well-being. And, we hope you'll help us spread the word.

A complete Symmetry product catalog will follow. Please, take a moment to browse through it. You may find other products you may want or need. Now you have the opportunity to buy these exceptional products at a discounted price! Simply add one or two of them to your next shipment by visiting our website at [www.symmetrydirect.com](http://www.symmetrydirect.com) or by calling toll free at 1-800-SYMMETRY or 1-800-796-6387.

If you have any questions, need help, or wish to place an order, please call us at the number listed above.

Again, thank you for your commitment to great health and welcome to Symmetry!

*Symmetry's Executive Team,*

**Rudy Revak**, *President and Founder*

**Mary Julich Wade**, *Senior VP*

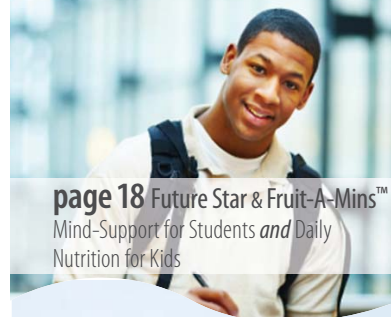
**Dr. Mark Crăpō**, *Senior VP, Product Training and Development*

**Willie Larkin**, *Senior VP, Distributor Training and Development*

**Steven Kole**, *Senior VP, Chief Operating Officer*

**Brandon Langer**, *Corporate VP, USA*

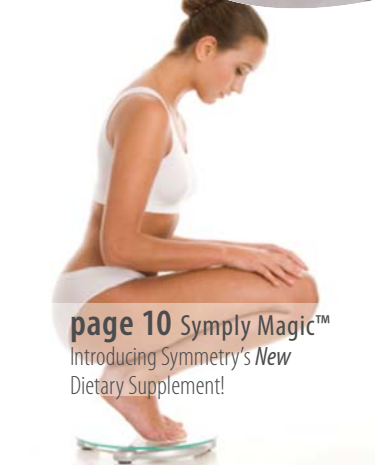
**Brian Niederhaus**, *Corporate VP, International*



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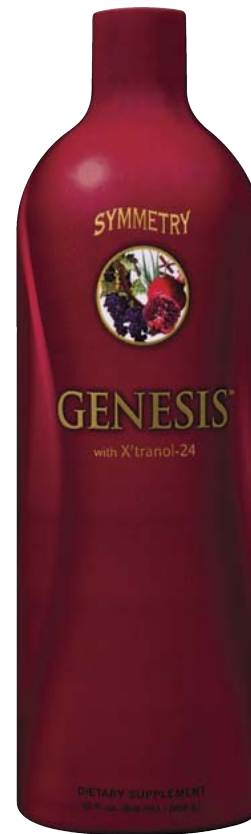
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## Only Genesis Provides 24-hour Continuous Antioxidant Protection

**M**any nutritional products on the market focus only on secondary antioxidants to fight free radicals. But, your body continually creates new free radicals. To compensate, you must consume more secondary antioxidants throughout the day or leave yourself unprotected— but not with Genesis™.

We've added a unique system to Genesis, the triple-patented X'tranol-24™ that ensures a precisely-measured amount of key nutrients and antioxidants in every serving to give you round-the-clock complete antioxidant protection! Enjoy all the benefits of red wine plus all-day free-radical protection.



**NP148 Genesis X'tranol-24**  
US Retail Price: \$48.25  
US PC Price: \$36.00

**NP150 Genesis - Trial & Travel (15pk)**  
US Retail Price: : \$48.65  
US PC Price: \$28.60

**NP151 Genesis - Trial & Travel (105pk)**  
US Retail Price: \$265.00  
US PC Price: \$204.60

**LTX148 Genesis Gift Pack**  
US Retail Price: \$64.55  
US PC Price: \$47.75



### Every One-ounce Serving of Genesis™ Contains::

- X'tranol-24
- All-day protection from cell damage, inflammation, protein oxidation, DNA damage, and more
- Whole fruit red grape and pomegranate extracts
- A base of apple and Aloe Vera juice
- A proprietary blend of 15 powerful healing herbs
- 100% PhytoPuretm Juice blend

Genesis is a delicious mélange of whole fruit red grape and whole fruit pomegranate in a mixture of apple and aloe vera juice infused with a proprietary blend of super foods and healing herbs. And, Genesis delivers ALL the healthful nutrients in red wine, known to help protect against heart disease and cancer plus improve your overall health, without the alcohol. Plus, triple-patented X'tranol-24 contains primary antioxidants that actually impede the production of free radicals in the body for a full 24 hours! Amazingly, the complete around-the-clock continuous primary antioxidant protection comes from patented enteric-coated glutathione and SOD to ensure optimal health and wellbeing. No other product on Earth offers this potent patented combination of nutrients.

## Beyond Resveratrol

Resveratrol, commonly found in grape skins and seeds, has been prominently featured in magazines such as Forbes and Readers' Digest and news shows including 60 Minutes and Oprah. Long before this recognition, Symmetry pioneered the launch of a liquid form of Resveratrol to the market. We are now moving beyond Resveratrol.

We know that Resveratrol isn't the only beneficial compound red wine has to offer. There are several elements in red wine that help protect against heart disease and cancer and that improve your health. And, Genesis, our best-selling product, has all the healthful nutrients contained in up to 10 bottles of red wine, without the alcohol, and also protects your body with the exclusive triple patented X'tranol-24™ that will actually impede the production of free radicals in the body for a full 24 hours!

## Genesis Contains a Potent Detoxifier: Ellagic Acid

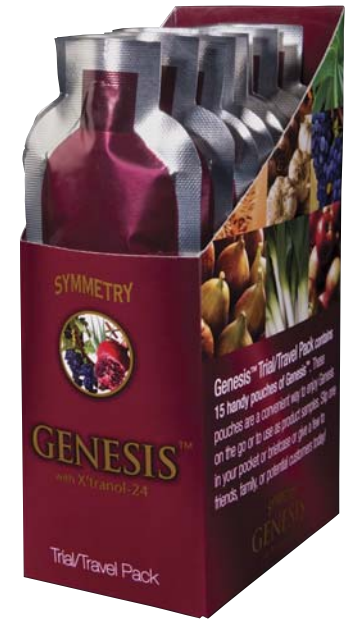
Preventing and fighting cancer is a universal goal. That's why Genesis contains ellagic acid—the stable food form of polyphenol ellagic acid known as the “miracle molecule” in pomegranates. Ellagic acid is a free-radical scavenger that may deter cellular disease by binding to carcinogens and appears to cause all three stages of cancer cells to die. It also supports the body in lowering cholesterol and blood pressure, and helps to reduce artery blockages.

A recent study from the University of California, Los Angeles, found that extracts of pomegranates were associated with a two-fold suppression in the expression of genes linked to prostate cancer. The anticarcinogenic effect of ellagic acid has also recently been shown in several types of cancers including skin, esophageal, and colon cancers.



## Discover the Unseen Powers of Nature with Genesis

Nature consistently produces the essential nutrients you need to preserve and improve your health. Genesis contains these essentials and delivers them to you in an easy, effective and convenient way to reinforce your health, increase your energy and extend your life. And, with our exclusive PhytoPure™ formula—a specialized combination of herbs and foods drawn from an exclusive infusion process—you'll receive a powerhouse of necessary vitamins, minerals, trace minerals, phytonutrients, carotenoids, polyphenols, and anthocyanins you need each day to maintain optimum health.



## Genesis Trial/Travel Pack

The Genesis™ Sample Pack contains 15 handy pouches of Genesis. These pouches are a convenient way to enjoy Genesis on the go or to share as product samples. Slip one in your pocket or briefcase or give a few to friends, family, or potential customers today!

Genesis will boost your energy and help you feel and look younger. Each individual serving of Genesis provides you with the resveratrol of ten bottles in Cabernet Sauvignon plus ALL the other unique benefits of red wine without the alcohol. And, Genesis will actually impede the production of free radicals in the body for a full 24 hours.





Ultra Vitality  
is the Most  
Complete and the  
**Most Powerful**  
Supplement on  
the Market



NP120 Ultra Vitality NutraPack Caplets  
US Retail Price: \$48.05  
US PC Price: \$36.00

NP135 Ultra Vitality Crystals  
US Retail Price: \$48.05  
US PC Price: \$36.00

It's a well-known fact that all adults should be taking a multivitamin to supplement their diet and to prevent nutritional deficiencies that could otherwise deteriorate your health. Few people eat as nutritiously as they should, so taking just any supplement won't cut it! Your supplement should contain the right nutrients and target the right places.

Symmetry's Ultra Vitality™ provides a comprehensive range of nutrients needed for maximum health protection and a supercharged feeling every day.

#### Every serving of Ultra Vitality contains:

- Over 75 scientifically-advanced nutritional ingredients, time-honored botanicals, and cutting-edge phytonutrients
- The most highly-developed potent ingredients such as whole food antioxidants, herbs, vitamins, minerals, essential enzymes, fatty acids, probiotics, Aloe Vera, and more

- Exclusive DeltaZorb™ technology for maximum nutritional nourishment and absorption

Ultra Vitality is available in these forms for your convenience:

**Ultra Vitality Nutra Pack**—take 4 caplets daily

**Ultra Vitality Crystals**—take one packet daily

**Symmetry's Ultra-Vitality Crystals** multivitamin/mineral supplement offers a novel, innovative approach to properly nourish and protect your body, creating a foundation for a longer and healthier life.

Ultra Vitality Crystals are more than just an alternative to tablets and capsules. It's a revolutionary nutritional supplement that features Symmetry's own DeltaZorb, which ensures optimal levels of nutrition are delivered to your body. It comes in a convenient drink mix that easily dissolves in water, allowing the nutrients to digest quickly, so you can be assured that you are getting the full benefits of all the essential vitamins and minerals with each serving!

#### Want to feel and look better? Symmetry's Ultra-Vitality Crystals provide:

- Nutrients, vitamins, and minerals incorporated with food so your body treats them like food
- Activated enzymes to help digest proteins and carbohydrates
- Probiotics that support the digestive system
- A comprehensive spectrum of antioxidants
- All the major classes of phytonutrients to help protect the body from free radical damage
- Omega 3 and Omega 6—shown to promote a good healthy heart and circulatory system

With Symmetry's Ultra Vitality your body will get what it needs each and every day.

#### Ultra Vitality NutraPack:

- Is a blend of botanical extracts and "super foods" to help support maximum energy levels
- Caplets are coated with the most advanced natural barrier against environmental moisture
- Contains a complete serving of Aloe Vera
- Symmetry's exclusive DeltaZorb technology, ensures an optimal nutrition absorption
- Includes Omega 3 and Omega 6 (GLA) essential fatty acids, shown to promote good health, including supporting a healthy heart and circulatory system.



## Symply Magic™



WM700 Symply Magic  
US Retail Price: \$49.95  
US PC Price: \$37.95

## Introducing Symmetry's **New** Dietary Supplement!

### Energy • Appetite Control • Mood Enhancement

**Symply Magic** is a synergistic blend of all-natural ingredients specially formulated to help you *curb your appetite*, gain more energy, and keep the weight off! Symply Magic is a unique combination of specialized herbal concentrates, vitamins, and aqua minerals designed to enhance your metabolism and give you more energy.



**Symply Magic** is a unique formula that includes jet black —a dark chocolate powder, coco seed extract, phenylethylamine, caralluma fimbriata (a unique herb from India), natural caffeine, plus aquamin sea minerals that help boost your energy while slowing and reducing your appetite. Take one or two capsules a daily to boost your energy and decrease food cravings.

## Accomplish **MORE** in Your Day while You **LOSE** Weight

With Symply Magic you will feel more **ENERGY** throughout your day and eat less because it helps reduce and control your appetite, empowering you to make wise food choices and not give into cravings. The combination of increased energy and activity as well as reduced caloric intake helps make those weight loss goals more attainable and a reality.

### Reach Your Weight Loss **GOALS!**

With Symply Magic you are sure to feel mood enhancement benefits allowing you to go through your day-to-day activities with a happier attitude. You will begin to feel happier with your personal physique, which will lower your stress, give you more energy, and bring you a more joyous and balanced lifestyle. Any concerns you may be having over not having the time to exercise or diet properly will be long gone with Symply Magic. Enjoy your day-to-day activities while sculpting the body you have always wanted!

Order your sample trials of Symply Magic today and open yourself and your loved ones to a whole new healthy life!

### TESTIMONIALS

*Within 30 minutes of taking Symply Magic I could feel how special this product really is. I kept saying all day... WOW, this will work! I simply FEEL GREAT, without the buzzing stimulant feelings I have felt with other products. The appetite and cravings are GONE. You eat less and move more without even thinking about it or depending on willpower! Looking forward to AMAZING RESULTS!*

— **Monica R.** Los Angeles CA



Diet Magic™



## Eat Less... Weigh Less with Diet Magic

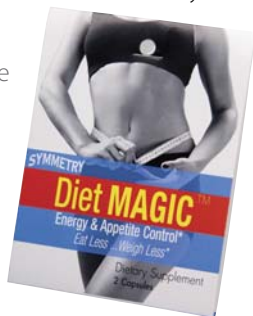
a Synergistic Blend of All-Natural Ingredients Specially Formulated to Help You Lose Weight Fast

**D**iet Magic™ is a unique combination of specialized herbal concentrates, vitamins, and minerals designed to enhance metabolism at the cellular level, giving you more energy, and helping you quickly lose weight. It includes dark chocolate powder, phenylethylamine, and natural caffeine, in addition to other key minerals that help boost your energy while slowing your appetite. With Diet Magic you will have control over food and not allow food to control you!

- Energy Boost—Imagine having enough energy that you want to exercise. For most, one capsule a day is all it takes to realize the benefits of Diet Magic.

When combined with plenty of rest, exercise, and eating properly, Diet Magic can help you achieve your weight loss goals in no time. Take it in mid-morning and mid-afternoon to help maintain sustained energy levels throughout the day and minimize your hunger

while boosting your metabolism. Energize your day and curb your appetite with Diet Magic!



WM236 Diet Magic  
US Retail Price: \$51.95  
US PC Price: \$38.45

- Appetite Control—Diet Magic reduces your appetite giving you the power to make wise food choices and not give into cravings.

ClearBoost™



## Clear Your Mind & Fill Your Body with Sustained Energy

PT705 Clear Boost  
US Retail Price: \$51.20  
US PC Price: \$37.95

**C**lear Boost™ provides instant energy and increased focus that lasts for hours without harmful side-effects. Clear Boost is a combination of the world's best all-natural ingredients and is designed to safely provide instant energy and increased mental focus that lasts for hours. It tastes great and contains no artificial sweeteners. Unlike other energy drinks that provide a quick, unhealthy, buzz from high fructose corn syrup and a burst of caffeine that wears-off fast, Clear Boost's all-natural ingredients provide immediate and sustained energy while enhancing your mental focus.

Clear Boost's All-natural Ingredients:

- Instantly boost energy-levels
  - Increase mental focus
  - Maximize balance and power
- Plus, Clear Boost's unique packaging makes it convenient, easy-to-use, and eco-friendly.

## Ignite Your Body, Muscles and Mind with Symmetry's Clear Boost

Clear Boost provides the healthful and healing properties of green, black, and white tea and contains American, Chinese, Siberian, and Korean-red ginseng to increase mental power, and promote healing, and longevity. Clear Boost also contains Gingko biloba for energy and to increase brain circulation while enhancing mental focus and memory. To improve your strength and stamina, Clear Boost contains yerba mate from South America which is an antioxidant-rich green coffee berry, to support mental energy and physical health. It also includes Cha de bugre to maintain optimal heart health. Niacin ads energy while Guarana, a natural source of caffeine, provides slowly-released **energy, while increasing mental ability and awareness**

Try Clear Boost today!

# Balance Your Immune System and Support Your Body's Defenses, Naturally with Symmetry's AceAloe+



AceAloe+™

BT140 AceAloe+  
US Retail Price: \$52.00  
US PC Price: \$39.90

It is common for our bodies to be out of balance and strained from physical and emotional stress, poor food quality, bad eating habits, and environmental toxins. That is why we created **AceAloe+**, containing as much as 10-times **Acemannan**, an active ingredient found in many leading Aloe products, and an all-natural tri-phasic formula to support you defenses and balance your immune system naturally.

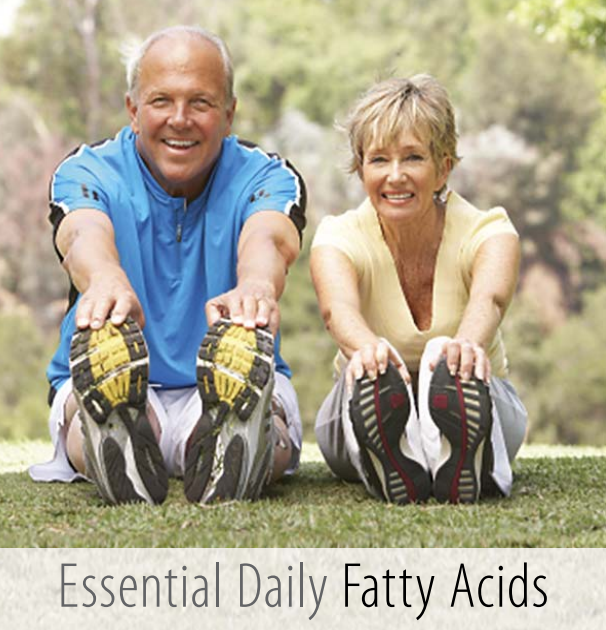
Not only is the **Acemannan** content in **AceAloe+** up to 10 times greater than our competitors, just two capsules of AceAloe+ is equal to or superior to a full bottle of the leading Aloe drinks on the market

Stress on our bodies compromises our immune system and adrenal glands, leaving our bodies susceptible to attack. Signs of immune system distress may appear as minor aches and pains or cause migraines, digestive problems, inflammation, skin problems, problems associated with aging, or even major health concerns. Western medicine encourages the use of expensive pharmaceuticals that commonly treat only the symptoms of these problems. But drugs don't address the root cause; they only mask the symptoms and create a multitude of additional problems due to their varying side effects.

Stop this cycle with **Symmetry's AceAloe+**, containing as much as 10-times **Acemannan**, an active ingredient found in leading Aloe products, and an all-natural tri-phasic formula with no side effects. Plus it comes with a 100% money-back guarantee.

Only **AceAloe+** uses a unique, triple-phase approach to deliver unmatched immune balancing power





## Essential Daily Fatty Acids

Fatty acids are essential for the maintenance of every organ in the body. The body doesn't produce them; therefore, we get these only from proper nutrition and supplements.

Studies show that despite the high levels of fats in the diets of Greenland Eskimos, the population has remarkably low levels of cardiovascular disease. The responsible agents are Omega-3 fatty acids from their consumption of cold-water fish.

Symmetry's Advanced Omega™ provides crucial Omega-3 and Omega-6 fatty acids needed for optimal brain development and proper blood circulation. Moreover, the caplets contain no metals or heavy toxins from fish or the sea, making for one of the most powerful yet safest products on the market, without any fishy odor or aftertaste.

### Advanced Omega™



NP121 Advanced Omega Concentrate  
 US Retail Price: \$29.10  
 US PC Price: \$18.20

#### Advanced Omega:

- Promotes proper growth, circulation, and healthy brain function
- Supports the cardiovascular and nervous systems, blood vessels, joints and cell membrane health, hair, skin, nails, and more
- Is easily digestible with no fishy smell and aftertaste, and protects against rancidity
- Contains nutritional cofactors which help the body absorb fatty acids and support arterial health

Does your diet include enough fatty acids to keep you healthy?



## Make Every Pulse Count

TS700 Cardio 5000  
 US Retail Price: \$74.95  
 US PC Price: \$59.95

Cardio 5000 is a blend of two key amino acids that work synergistically and whose function is supported and protected with antioxidants & trace minerals all designed to help your body do one thing: make nitric oxide! **Nitric Oxide; your body's own "critical cardio nutrient".**

In 1998, three American scientists were awarded the Nobel Prize in medicine for discovering the nitric oxide pathway. Hundreds of thousands of studies have been published since then making nitric oxide one the most studied molecules in recent history, maybe in all of history!

Cardio 5000 provides an L-arginine function supported by L-citrulline for maximum NO production. This is the perfect proprietary Cardio blend for whole heart support. Nitric Oxide (NO) is a critical cardio nutrient responsible for endothelium a derived relaxing factor for the body. The addition of DeltaZorb to Cardio 5000 enhances absorption utilization. Cardio 5000 is a great source to keep you blood flowing and well oxygenated.



Future Star™

## Mind-Support for Students

Symmetry Future Star™, a state-of-the-art drink mix for kids known to enhance children's natural ability to learn, had to taste great or kids wouldn't drink it. For years there had been interest in using the all-natural sweetener, Stevia, but much to the public's surprise it was not legal. The FDA recently granted GRAS (Generally Recognized As Safe) status to a Stevia extract, which gave us access to an all-natural sweetener without the unpleasant licorice aftertaste associated with whole-leaf Stevia. With these new regulations in place, Symmetry is proud to introduce a powerful and natural upgrade to our amazing Future Star now sweetened with the newly FDA-approved Stevia extract!



NP129 Future Star  
US Retail Price: \$37.50;  
US PC Price: \$22.55

And, to sweeten things even further, Symmetry will donate a portion of the proceeds from the purchase of each jar of Future Star to our Child Reach Program that helps children and their families in developing countries lead better, healthier, and more productive lives. With Symmetry's Future Star—everyone wins!

Symmetry's Future Star contains the broad-range of essential vitamins and minerals for optimum physical growth and function, and to help your children reach the peak of their potential!



Fruit-A-Mins™

## Daily Nutrition for Kids

Symmetry Fruit-A-Mins™ one-a-day chewable vitamins provide the complete nutrition young children need. Pediatricians across the globe agree that consistent and proper nutritional intake is the most basic foundation for mental, physical, and emotional development in children. However, research suggests that kids on average do not eat enough of the necessary foods to get their essential nutrients. Many child diets are often high in fats, sugar, artificial colors and preservatives, and are low in the vital food groups such as fruit and vegetables.

Because children grow and develop so quickly, their bodies rely heavily on complete nutrition, a consistent intake of all basic nutrients is important for optimal growth and development. Symmetry Fruit-A-Mins provides a broad spectrum of whole foods, fruit and vegetable extracts—the equivalent to one serving of fresh fruit and vegetables.

Our unique formula is a comprehensive, delicious chewable vitamin that's perfect for your growing child. Encourage your children to eat a balanced diet and take Fruit-A-Mins daily to assure they are getting a solid nutritional base for a healthy, growing body. It is a solution both you and your child will love!



NP125 Fruit-A-Mins  
Children's Chewables  
US Retail Price: \$20.65;  
US PC Price: \$12.80

Fruit-A-Mins was developed with several features to help improve growth rates, setting it apart from many common children's chewables on the market today. And, Fruit-A-Mins contain a wide array of vitamins, minerals, and antioxidants for optimal health.

### Symmetry Fruit-A-Mins:

- Include nutrients equivalent to one serving of fruit and vegetables
- Contain no artificial sweeteners, coloring, or preservatives of any kind
- Taste delicious. Their great flavor comes from Symmetry's exclusive fruit crystal blend; kids love the sweet, tart flavor



## Cleanse Your Body with Symmetry's Family of Cleansing Nutritional Supplements



BT310 Paracleanse  
US Retail Price: \$23.35;  
US PC Price: \$14.55

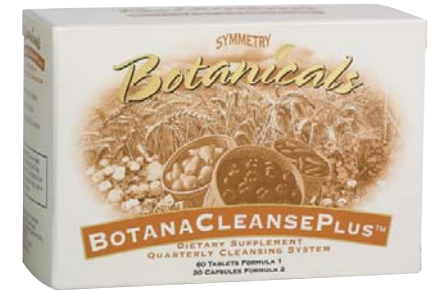
Symmetry's ParaCleanse™ is the best and most gentle solution to rid your body of symptoms caused by harmful parasites. Our formula features powerful botanicals that eliminate impurities from the body and support the body's natural system.

Many people are not aware of the fact that much of our population currently lives with parasites, which means you could unknowingly have these damaging parasites in your system. Symptoms associated with parasite contamination in your body may include: digestive problems, allergy symptoms, impaired vision, menstrual irregularities, gas and bloating, numbness in the hands, anemia, general lethargy, and more.

## Feel Better Inside and Out! Cleanse yourself!



BT310 Paracleanse  
US Retail Price: \$40.55;  
US PC Price: \$26.60



BT328 BotanaCleanse Plus  
US Retail Price: \$40.55;  
US PC Price: \$26.60

Symmetry's BotanaCleanse™ is the best system to give your body the most efficient, quarterly cleansing, as it offers gentle and natural solutions for optimal health. Get some relief from the low energy, headaches, and mental fogging you may be experiencing. BotanaCleanse™ is a 3-formula, 11-day program, perfect for those just beginning with a process to cleanse, detoxify, nourish, and protect the body.

Do you ever suffer from low energy, headaches, and mental "fogginess" for which you cannot find an explanation? If so, you may be experiencing the effects of systemic toxicity. According to traditional medicine practices, proper diet alone is not enough to eliminate many of the stored toxins which accumulate in our digestive systems.

BotanaCleansePlus™ is a 2-formula, 14-day consolidated formula, which is more powerful than BotanaCleanse, yet easy on your stomach which eliminates parasites, bacteria, and viruses from your body. Cleanse, nourish, and support your digestive system for good health!



## Stay Strong and Healthy With Symmetry's Holistic Immune Booster: Immune-D

**V**itamin D deficiency is currently a major health risk! Many individuals may be unaware that they are suffering from a deficiency in this important nutrient, which might include bone and muscle issues to an array of more serious illnesses. Now you can dramatically boost your Vitamin D intake and reinforce your entire immune system safely with Symmetry's Immune-D which provides 500% of your required daily value of Vitamin D in every caplet!

Symmetry's Immune-D reinforces your entire immune system with 2,000 IUs of Vitamin D in every caplet. Research suggests that Vitamin D, a nutrient the body produces from sunlight, is vital for bone health. With people spending more time indoors, avoiding the sun or using sun-block, and with smog and other phenomena blocking the sun on many days, the amount of Vitamin D people create naturally is frighteningly very low, according to scientists. In fact, nearly half the population in developed countries does not get enough of this essential "sunshine vitamin."

Immune-D is like two products in one. It not only provides essential Vitamin D, its unique synergistic ingredients also work harmoniously to boost your entire immune system and helps you combat all forms of external invaders. Immune-D's ingredients have also been shown to help fight SAD (Seasonal Affective Disorder) supporting a healthy mood, and warding off anxiety and depression.

A unique blend of precious healing herbs from China, South America and the United States work synergistically to boost your entire immune system

Symmetry's Immunity is inherently a unique product, and is a blend of traditional Chinese herbs and herbs from the United States and South America that have been proven to benefit the immune system, and which now also includes Vitamin D. Immune-D's ingredients work synergistically to bolster your immune system, conveniently



BT315 Immune-D

US Retail Price: \$32.00

US PC Price: \$19.50



eliminating the need for multiple products, and it delivers pain relief as well as eases minor discomforts. Many of Immune-D's unique harmonious herbs have beneficial antibacterial and antiviral properties as well, working together to help you stay healthy.

### Zinc and Vitamin C Boost Your Defenses

To fortify your immune system even further, Symmetry has included 250 mg of Vitamin C, one of nature's best known immune boosters as well as Zinc, a mineral essential for its role in a healthy functioning immune system. Zinc has also been shown to reduce the symptoms associated with the common cold and the flu as well as reducing the duration of these annoying seasonal disorders. These powerful enhancements not only make Immune-D a powerful immunity booster, but it replaces many stand-alone Vitamin D products and supplements.

### Powerful Healing Mushrooms

Only Immune-D contains an effective blend of powerful exotic mushrooms, reishi, cordyceps, maitake, and shiitake, containing a wealth of ancient immune-boosting phytonutrients. There are many competing supplements on the market today containing only one of these mushrooms or perhaps a mixture of 2 or 3, but Symmetry's Immune-D uniquely combines all four, creating a synergistic mix to help optimize and supercharge your immune system.

### Immune-D's synergistic immune-boosting ingredients include:

- 2,000 IUs of Vitamin D; the "sunshine vitamin"
- 250 mg of Vitamin C; one of nature's best known immune boosters
- Zinc; a mineral essential for a healthy functioning immune system
- Powerful healing mushrooms; an exotic blend of reishi, cordyceps, maitake, and shiitake, containing a wealth of ancient immune-boosting phytonutrients



## Special Herbal Formula for Women

Women often look for uncomplicated ways to maintain a healthy hormonal balance. If you're a woman who experiences the discomforts of Pre-Menstrual Syndrome (PMS), menopause, or other hormonal alterations, Symmetry's Female Balance™ may help.

This unique formula is an effective blood tonic and features a carefully selected, special combination of botanicals and other natural ingredients such as pearl powder, royal jelly, fo ti, black cohosh, red clover and white peony, recognized by experts to effectively support and balance women hormonal systems.

Female Balance will help you feel healthy, balanced and relaxed each month. It's designed to support hormonal balance throughout a woman's ever-changing life.

## Female Balance™



BT301 Female Balance  
US Retail Price: \$27.35  
US PC Price: \$15.80

Symmetry's Female Balance contains:

- Dong Gui (Tang Kwei) and Rehmannia, used for centuries to support healthy circulation and healthy menstruation
- Ligusticum, an herbal blood tonic believed to encourage a healthy, easy transition through a woman's monthly cycle or through menopause
- Vitamin B6 and Magnesium, both essential stress nutrients combined to support a woman's mental and physical health through all stages of life
- A carefully-selected blend of botanicals to help relieve stress, support immune function, beautify the skin, and promote a woman's hormonal balance at all times



## Powerful Herbal Formula for Men

Symmetry's Male Balance™ is a natural herbal solution to men's most common concerns. Although it is not often addressed, men, like women, have a hormonal system that requires proper maintenance and nutrition for support and balance. In fact, studies reveal that about 190,000 new cases of serious prostate disease are diagnosed in the United States every year. Every male, regardless of age, should be concerned about the health of his prostate and overall system. Keeping the system strong and healthy is essential.

Symmetry's Male Balance is a natural solution to men's most common concerns. It is designed to naturally support the proper function of men's systems and increase prostate strength. Our formula is derived from all-natural ingredients so you can be sure you're getting the essentials for a vibrant, healthy future. Symmetry's Male Balance is a natural source of male vitality without the potential side effects associated with prescription drugs.

## Male Balance™



BT302 Male Balance  
US Retail Price: \$32.15  
US PC Price: \$19.95

Symmetry's Male Balance provides:

- Saw Palmetto recognized for its ability to support prostate health, the urinary tract and the health of the entire male system
- A synergistic blend of powerful botanicals known to support and strengthen the prostate
- African Pygeum and Chinese Ginseng, which have been acknowledged for their natural benefits to male health and libido
- A proprietary blend of nutrients, including Zinc and Vitamin E to support and balance the whole male system

# Feel the Symmetry Difference

The secret to better health is better nutrition. The best way to get the nutrition your body needs is through your daily meals. However, with today's busy lifestyles and the proliferation of fast and processed foods, it is often extremely difficult to get the daily nutrition required to stay healthy. That is why Symmetry's nutritional supplements are critical for good health.

Symmetry provides an entire line of products to help you stay healthy and energized. Take a look at the long list of unique and cutting-edge products we offer!

While supplements alone can't cure disease, they can support your body's natural efforts to protect itself against a wide range of health conditions and they are an ideal way to avoid getting sick in the first place.

Products	U.S. Retail Price	U.S. PC Price
<b>Nutritionals</b>		
NP148 Genesis X'tranol-24	\$48.25	\$36.00
NP150 Genesis - Trial & Travel (15pk)	\$48.65	\$28.60
NP151 Genesis - Trial & Travel (105pk)	\$265.00	\$204.60
LTX148 Genesis Gift Pack	\$64.55	\$47.75
NP120 UV NutraPack Caplets	\$48.05	\$36.00
NP135 Ultra Vitality Crystals	\$48.05	\$36.00
NP121 Advanced Omega	\$29.10	\$18.20
NP127 Botana-E	\$23.25	\$14.45
NP126 Botana-C	\$17.40	\$10.80
NP128 Botana-G	\$25.00	\$15.60
NP132 Calcium Coverage	\$23.25	\$14.45
NP125 Fruit-A-Mins	\$20.65	\$12.80
NP129 Future Star	\$37.50	\$22.55
NP122 Mega Juice	\$30.60	\$18.80
<b>Four Packs</b>		
NS350 Genesis 4-Pack	\$192.10	\$136.00
NS333 Ultra Vitality Crystals 4-Pack	\$192.10	\$135.95
NS334 UV NutraPack Cplts 4-Pack	\$192.10	\$135.95
NS352 2 Genesis & 2 UV Crystals	\$192.10	\$136.00
<b>Botanicals</b>		
BT140 AceAloe+	\$52.00	\$39.90
BT308 Botanacleanse	\$40.55	\$26.60
BT328 BotanaCleanse Plus	\$40.55	\$26.60
BT307 Botanalax	\$23.60	\$15.50
BT303 Clarity	\$30.05	\$18.10
BT301 Female Balance	\$27.35	\$15.80
BT315 Immune-D	\$32.00	\$19.50
BT302 Male Balance	\$32.15	\$19.95
BT305 Optibreathe	\$30.05	\$18.20
BT310 Paracleanse	\$23.35	\$14.55
BT304 Tranquility	\$30.05	\$18.40

Products	U.S. Retail Price	U.S. PC Price
<b>Nutraceuticals &amp; Targeted Bio-Support</b>		
TS605 Aphrodisia 136	\$40.90	\$29.75
TS501 BioInfinity	\$46.60	\$29.10
TS611 Cardio Essentials	\$55.15	\$41.10
TS603 ColdRx	\$21.95	\$13.60
TS602 Glucosamine Formula	\$34.85	\$21.30
TS601 NeuroCalm	\$37.65	\$23.40
TS700 Cardio 5000	\$74.95	\$59.95
<b>Weight Management</b>		
WM210 CarbLess	\$34.40	\$21.40
WM236 Diet Magic	\$51.95	\$38.45
WM206 Lipo-Sorb	\$47.35	\$29.55
WM208 NightLite	\$23.35	\$14.55
WM209 Simply Slym	\$35.35	\$22.05
WM700 Symply Magic	\$49.95	\$37.95
WM207 Thermo Balance	\$35.35	\$22.05
WM234 WOW Smoothie	\$53.00	\$32.15
<b>Weight Management Systems</b>		
WM235 WOW Pack	\$220.50	\$162.80
<b>Performance Technology</b>		
PT705 Clear Boost	\$51.20	\$37.95
<b>Water Systems</b>		
WES10 Countertop Water System WES-10	\$327.50	\$202.80
<b>Skin Essentials</b>		
PC402 Skin Renewal Caplets	\$45.65	\$29.10
VPC923 HD10 High Definition Skin Crystal Eyes	\$99.00	\$75.00
VPC920 HD10 High Definition Skin Intense Six	\$142.00	\$105.00
VPC921 HD10 High Definition Skin Matrix PT	\$99.00	\$74.00
VPC922 HD10 High Definition Skin Platinum O <sub>2</sub>	\$122.00	\$90.00
VPC900 HD10 High Definition Skin VitaWash	\$46.00	\$34.00
VPC901 HD10 High Definition Skin Xfoliate	\$47.00	\$35.00
VPS931 HD10 Skincare System	\$555.00	\$308.00
<b>Targeted Support Bundles</b>		
BTS02 Cleanse Bundle (ParaCleanse & BotanaCleanse Plus)	\$63.90	\$41.10
<b>Household Products</b>		
HP101 Botanic GOLD Liquid Soap (1 gallon)	\$89.00	\$66.85
HP103 Botanic GOLD Liquid Soap (1 quart)	\$31.15	\$26.20
AC007 BoGo Blaster - Foam Dispenser (empty)	\$1.98	\$1.98
AC009 Pump Dispenser - 1 oz. (for gallon bottle)	\$3.75	\$3.75
AC010 Sample Bottles - 4 oz. (empty)	\$1.68	\$1.68

# Symmetry Products are for Everyone! We are Changing People's Lives for the Better Every Day!!!

Lack of nutritional supplementation is a challenge many people often face. Many of us tend to forget the importance of daily nutrition and do not look to find a resolution because of our busy daily schedules. Symmetry takes pride in providing the best nutritional products in the industry, helping changing people's lives for the better. Everyday our dedicated Business Partners spread the word of the phenomenal benefits Symmetry products provide, helping lead people to a better nutritional lifestyle.

Ultra Vitality™ and Genesis™ are Symmetry's Dynamic Duo.

Together, Symmetry's Dynamic Duo provides a complete all-day anti-oxidant protection and helps strengthen your health, increase your energy, and extend your life. They are perfect for anyone who wants to feel

healthy, revitalized, and full of energy! Our products, including our new health-booster, AceAloe+, make great gifts for friends, family, or coworkers. We are also very excited to introduce our weight loss products including our amazing new Symply Magic and Diet Magic™. Just two pills a day will increase your energy and decrease your weight. Diet Magic is a unique combination of specialized herbal concentrates, vitamins, and minerals designed to enhance metabolism at the cellular level. And, everyone is raving about Clear Boost™, Symmetry's answer to unhealthy, sugary energy drinks!

**With Symmetry, there's a product that's just right for everyone! We look forward to spreading the word for a healthier and nutritional lifestyle!**



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